

# Whitchurch Hockey Club – Newsletter

The '**Back to Hockey**' programme is running every Saturday until June 18th 2016 from 10.00 to 11.30 at the Leisure Centre, SY13 2BY.

Back to Hockey sessions are an initiative launched by England hockey to provide coached sessions for men and women who may not have played hockey for a long period of time or who are looking to try the sport for the first time.



There is no commitment so you can turn up to one or all the sessions and **it is free!**

Don't worry if you're nervous or don't remember any rules, our Back to Hockey coaches will gently guide you through this series of fun and friendly sessions. The club can provide all equipment needed but please bring shin pads.

Our biggest way of promoting this is by word of mouth so encourage friends and family to come along and join in.

## Men's summer hockey

The men are now involved in Midlands Summer hockey open to those eligible to play senior hockey. If you wish to be considered contact Joel Leese who is captaining the team or email: [secretary@whitchurchhockeyclub.com](mailto:secretary@whitchurchhockeyclub.com) and your details will be passed on.

## North West Mens AGM

All 1s men are asked to attend the league AGM on Wednesday June 8<sup>th</sup> @ Lymm as there will be a presentation and photos for the league winners. Confirm to Joel.

## Badgers league

The Shropshire badgers league is running through to June 29th and is open to boys and girls aged Under 15 on 1st September 2015. It's a great opportunity for those who have played at the junior levels in the club to gain experience of 11 a-side hockey and a brilliant stepping stone to the senior teams.

We have two mixed teams entered in the league playing away games on Tuesdays and home games on Wednesdays. Please contact [alex.fry@whitchurchhockeyclub.com](mailto:alex.fry@whitchurchhockeyclub.com) for further details.

## Regional honours

Congratulations to our goalkeeper Maddy Sugden who has been selected to play Under 15 regional level for the Midlands. Maddy has come through the club's Academy and played for various age groups, badgers and this year made her debut in the ladies senior teams.

## Sainsbury's Active Sports vouchers

Many thanks to all those who have collected the vouchers over the past few months we have around 1500 collected which is enough for us to get 36 new hockey balls.

## Fit for hockey

For those keen to improve their fitness before the start of the season Paul Gresty has agreed to run pre-season fitness training again. £1 on Wednesday evenings 19.00 at the Rugby club.

## Summer Calendar

For timings and additional events, please follow the club on Facebook or view the Club's website

Fit for Hockey

Matches

Training

Meetings

Events

### June

Back-To-Hockey				4th, 11 <sup>th</sup> 18th
Fit for Hockey	8th, 15th, 22nd, 29th			
North West Hockey AGM @ 7pm-10pm @ Lymm:			8th	
Champions trophy London 10th - 26th at the Olympic Stadium				10th - 26th
Men's summer league		17th, 24th, 31st		
Badgers		7th, 8th, 14th, 16th, 21st, 22nd & 29th		
WHC management committee meeting			21st	

### July

Fit for Hockey	6th, 13th, 20th, 27th			
Men's summer league		11th, 21st		
WHC management committee meeting			19th	

### August

Training		17th, 24th, 31st		
WHC management committee meeting			16th	

### September

HockeyFest				3rd
Training		7th, 14th, 21st, 28th		

